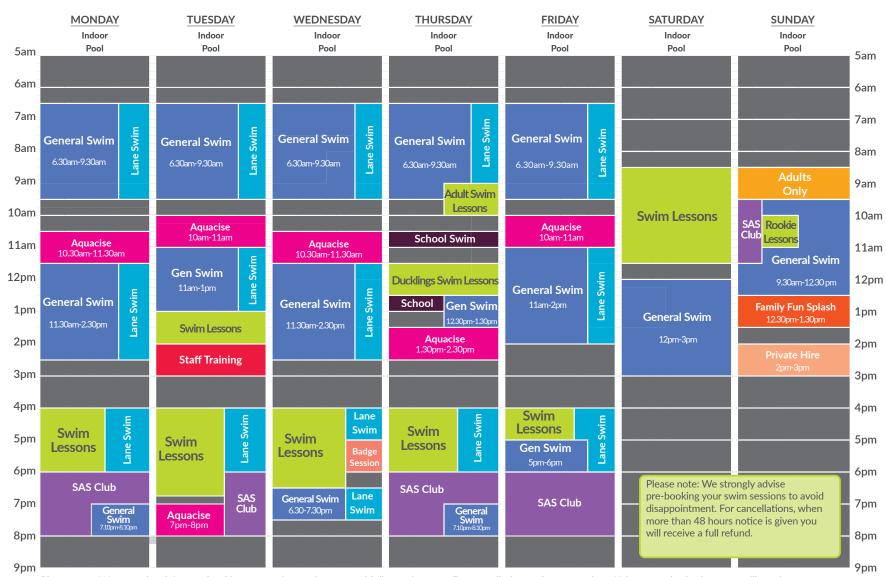
Skegness Pool & Fitness Suite

Indoor Pool Programme

Term Time | 24th February - 6th April

Pricing	Non	MV Card	MV Concession	Age	Under 2's
for	Member	Holder	Card Holder	2-4yrs	
Swimming	£5.30	£4.40	£4.00	£2.00	FREE

Venue Opening Times Mon & Wed | 6am-9pm Tues, Thurs & Fri | 6am-8pm Sat & Sun | 8am-3pm General This is an open swimming pool session - suitable for all abilities. Swim **Lane Swim** Where the swimming pool is divide nto 1 or 2 lanes, this is alongside our general swim session Adults only swim is for 16 years+. Adult Only One laned swim and 4 open general Swim Family Fun Open pool swim, with floats in the pool - suitable for all abilities. Splash Aquacise Please note this session is 45 minutes, allowing you 15 minutes to swim after. Aquacise uses the benefits of water resistance for a low impact cardio and muscle toning workout that can suit a wide range of abilities and user grouns This session is used for swimming for School local schools. Swim Skegness Amateur Swim Club private **SAS Club** pool booking. The swimming pool is privated hired out. There are not bookings during We strongly advise pre-booking your swimming sessions to avoid disappointment. Swimming sessions are non-transferable & non-refundable Please be aware the flume is no



Please note: We strongly advise pre-booking your swim sessions to avoid disappointment. For cancellations, when more than 48 hours notice is given you will receive a full refund. REMEMBER: Our Waterwise 'Learn to Swim' membership includes general swimming at any time. Just one of many perks of being 'WaterWise'.





longer in action.

Skegness Pool & Fitness Suite

Exercise Classes	Non Member	MV Card Holder	MV Concession Card Holder	Membership
45mins - 1 hour	£7.10	£5.90	£5.30	FREE
Yoga/Pilates	£8.90	£7.30	£6.60	FREE

Exercise Class Programme

Term Time | 24th February - 6th April

Venue Opening Times Mon & Wed | 6am-9pm Tues, Thurs & Fri | 6am-8pm Sat & Sun | 8am-3pm



G - Gym A - Arts Room