



# School's Out Programme!

APRIL REPORT 2024



**East Lindsey**  
DISTRICT COUNCIL

Magna Vitae is a Registered Charity. Charity Number 1160156.  
A Partner to East Lindsey District Council.



**MAGNA VITAE**

TRUST FOR LEISURE & CULTURE



# OVERVIEW

Throughout the April Easter Holidays, Magna Vitae's community team delivered '**Egg-citing**' Free Sports camps for children aged **5 to 16** across the **East Lindsey District** as part of the '**School's Out**' programme.

'**School's Out**' offers important opportunities for children to take part in various **sports** and do **physical exercise** during the school holidays, as well as accessing coaching from **National Governing Body (NGB) qualified coaches** in a wide variety of sports, all at no cost.

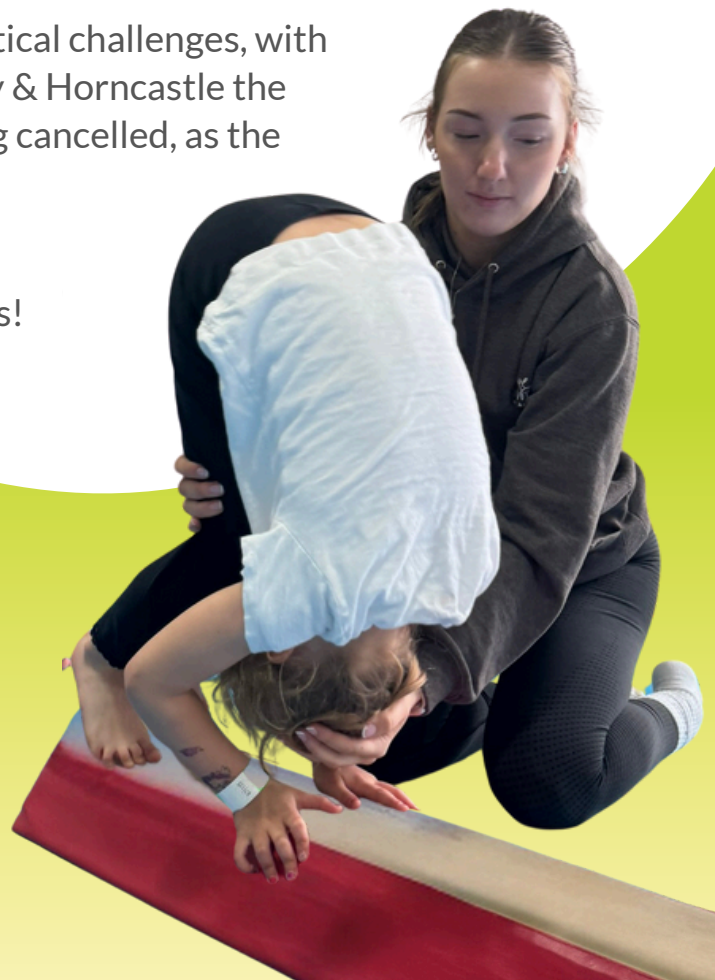
Magna Vitae believe that it is very important to provide these **positive experiences** in and around sports and exercise at a young age, hopefully encouraging these children to take up a regular activity, thus leading them to **live healthier lives** and **stay active** for many years to come.

'**School's Out**' also encourages these children to **socially interact** with other children and **make new friends** at a time when they are most unlikely to.

Every programme does face its own challenges, but, as a team we do our best to tackle these and offer as much activity as possible.

The weather provided the team with logistical challenges, with some proving to be too much, as in Spilsby & Horncastle the heavy rainfall led to the two sessions being cancelled, as the fields were inaccessible and unsafe.

Despite this, the team still delivered **10** excellent camps and sessions across **7** days!



# ACTIVITIES

Our Programme began in **Wragby** at the **Reload Centre**, a camp rearranged after unfortunately being cancelled in our February programme. The children took part in lots of different activities, including some **Cricket, Relay Races, Dodgeball** & even a **Table Tennis Tournament**.

The following day, the team headed to the **Magdalen Primary School** in **Wainfleet**, for a Multi Sports Day. The children were very competitive and engaged throughout the day with a variety of challenging **Golf drills, Football matches** plus a very energetic **Dodgeball tournament**.

Next up was a double header, with the team on the road to opposite ends of the district. One team travelled to the **Luke Walmsley Pavilion** in **North Somercotes**, for a multi sports camp. The Children were engrossed, playing a series of fun games, **Football matches, Dodgeball contests**, and some action packed **Cricket** activities.

Our other team was at the **Tattershall Village Hall**, where they delivered an engaging **fitness/exercise circuit, Golf challenges, Relay Races** & a competitive team tournament where teams competed against each other in various fun activity challenges to see who would come out on top.



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The second week started with a bang, as the team was out in full force for a day at **Alford**, taking over the **John Spendluffe Technology College** for an action packed **Multi Sports** day.

The coaching team split up, with two groups making the most of a rare sunny day. One taking part in some great **Cricket** games on the MUGA, whilst the other group was in the sports hall taking part in some fast paced **Dodgeball** tournaments, **Benchball** matches and **Golf** challenges.

Next up, the team delivered a day of **Gymnastics**, in **Binbrook**, transforming the **Queens Hall** into a Gymnastics Hub! We delivered 3 separate sessions, each targeted at an individual age group. We started the day with a session tailored for 2-4 years old, after feedback from parents, with the aim of introducing some fundamental movements such as running, jumping, climbing and rolling. This was followed by 5-7 year old's then finally 8+ where the children learned to do cartwheels, handstands and more! Finally, our week finished off taking over **Wragby Primary School**, where the team delivered two separate camps.

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One team led a **Netball Camp**, where the children learned the rules, various passing techniques & some games. This proved very popular among the girls who attended, with all the children expressing an interest to play the sport more regularly.

Our other group took part in a **Football Camp**! Once again, the children took part in lots of fun matches and challenging drills, improving their fundamental skills!

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# SNAPSHOTS





# COMMUNITY ENGAGEMENT

## Venues Used

- John Spendluffe Technology College
- Luke Walmsley Pavilion
- Queens Hall, Binbrook
- Tattershall Village Hall
- Wainfleet Magdalen C of E Primary School
- Wragby Primary School
- Wragby Reload Centre

## Areas Delivered

- Wragby
- Wainfleet All Saints
- Tattershall
- Alford
- Binbrook
- North Somercotes

*As well as the areas above, we also had attendees from the following areas:*

- Boston
- Coningsby
- Donington on Bain
- Gipsey Bridge
- Great Steeping
- Horncastle
- Huttoft
- Louth
- Mablethorpe
- Mareham Le Fen
- Middle Rasen
- Skegness
- Spilsby
- Willoughby
- Woodhall Spa

*Local Businesses & Partners worked with:*



**Lincs Van Hire**

Great Value Car & Van Hire

**MAGNA VITAE**  
GYMNASTICS

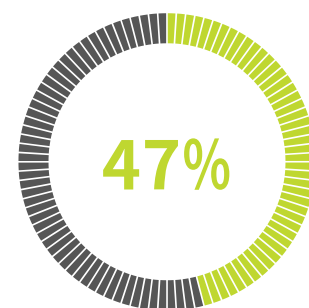


# SUMMARY

Overall, a very busy half term programme for the team.

In total, 'School's Out' delivered Free Sports & Physical Activities to **75 Boys** & **68 Girls** across the **9** days, resulting in **143** Children taking part in fun, social exercise throughout the school holidays, as a result of the programme.

**47%** of the total attendees were female from the previous **35%** show a significant increase in the number of **Girls** taking part in sports & physical exercise on the 'School's Out' programme.



As well as the increase in the number of girls attending, the reach of the programme has increased to at least **20 different areas**, in **this programme alone**, across **all parts of East Lindsey** and even into **greater Lincolnshire** beyond. This highlights the growth in popularity of the programme.

None of this would have been possible without the financial investment and support from **East Lindsey District Council**.

Also, well as the ongoing support of our local partners in each community and finally the hard work and dedication of the **Magna Vitae Community Coaching Team**.

Finally, our next 'School's Out' programme will run over the 4 day May Half term, commencing on the **28th** and running until **31st May**.

[magnavitae.org](http://magnavitae.org)

# Thank you!





