

Half Term

with

MAGNA VITAE

TRUST FOR LEISURE & CULTURE

Join us for a marvellous May
and jump into joy this June!

Tuesday 31st May

• Junior Badminton (8-16yrs) - 8:30am-9:30am - £3.00 per junior

Enjoy a casual badminton session! This session makes a great change for having some fun, socialising and improving fitness. (Badminton equipment is included and will be provided for your session).

• DIY Bubble Machines with Julie (6-12yrs) - 10am-11:30am - £4.00 per junior

Create your very own bubble machine! Make sure to wear some clothes that you can get messy in... Using some basic materials, learn how to create your own bright and beautiful bubble machines!

Wednesday 1st June

• Gymnastics Beam Workshop (5-16yrs) - 10am-11am - £5.50 per junior

Our coaching team will give you a one hour, quality workshop, focusing on all aspects of our gymnastics beams. Learn all the beam's core fundamentals from British Gymnastics. Already got some experience on the beam? Our coaches will help experienced gymnasts individually, helping them to improve and develop their skills even further!

• Gymnastics Bar Workshop (5-16yrs) - 1pm-2pm - £5.50 per junior

Let our coaching team introduce you to the gymnastics bars! The team will take you through circling up and down, strengthening drills, swinging & many other fun, exciting skills! If you already have experience on the bars - fear not! Our coaches can help you develop and improve your skills even more.

• MV Panthers Shooting Drill (6-14yrs) - 4pm-5pm - £3.50 per junior

Join in one of our Basketball training sessions for Magna Vitae Panthers, led by Coach Lewis. Shooting, dribbling and passing drills, finished off with a game. Come along and have fun!

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magnavitae.org

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