



Covid-19 (Coronavirus) Pandemic - Safe Operation - Activities

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**Right Directions**

**Covid-19 (Coronavirus) Pandemic - Safe Operation - Activities**

Location of Activity

Throughout the facility

Ref No.

STA\_4794

Assessors Name \*

Paul Marper

Date of Assessment

29-07-2021

Next Review Date

29-07-2022

QMS/Work Instructions

Please select a instruction or manually write it

Names of Employees Consulted

Paul Marper Steve Evans Ross McCarthy Kenny Foakes

Hazard Risk Rating

**LOW**

Training/Qualifications Required to Complete this Activity

Please select a qualification or manually write it

Personal Protective Equipment (PPE) Required to Complete this Activity

Please select a equipment or manually write it

Legislation, guidance and information used in support of this assessment

Other Risk Assessments Cross Referenced

Operating during Covid-19 (Coronavirus) Pandemic  
 Covid-19 (Coronavirus) Pandemic - Safe Operation - Building/Facility General  
 Covid-19 (Coronavirus) Pandemic - Safe Operation - Staff and Staff Areas

Potential Risk Rating

**VERY LOW**

Potential Harm/Consequence		Likelihood That Harm Will Occur		The risk rating indicates the level of response required to be taken when adding actions to the improvement plan (RRP). Ratings between 15 and 25 require an urgent review of existing control measures.	Risk Rating		Suggested Guidance
1	Insignificant	1	Very Unlikely		Very Low Risk 1 - 2	No action required	
2	Minor	2	Unlikely		Low Risk 3 - 6	Monitor	
3	Moderate	3	Possible		Medium Risk 8- 12	Action required, if reasonably practicable	
4	Major	4	Likely		High Risk 15 - 16	Urgent Action	
5	Catastrophic	5	Very Likely		Critical Risk 20 - 25	Work Must Stop and take immediate action	
If the Risk Rating is 15 or more and no further control measures are practicable, add the risk to the H&S Risk Register.							

Hazard	Who May be Harmed	Current Control Measure in Place	Risk Rating With Current Control Measures In Place	Sample of any Reviewed Control Measures	Additional Control Measures Required	Potential Risk Rating After Additional Control Measures Implemented
<b>+</b> Category	Keeping up to date with official guidance					
<b>+</b>			2 x 1 2			1 x 1 1

	Information Lack of up-to-date information regarding the Covid-19 virus	Staff Contractors Customer - Adult Customer - Child	Attendance at Covid-19 clinics, webinars and other CPD Regular review of NGB advice and guidance Following advice and guidance from industry bodies such as CIMSPA, UKactive, RLSS, PWTAG Reviewing best practice examples from within the industry Reviewing other sectors where applicable			Add Sample Measure View Files View Links	Please select additional control measure or manual			
-	Information - Responsibilities Lack of up-to-date information regarding the Covid-19 virus	Staff Contractors Customer - Adult Customer - Child	Covid-19 Response Team established. Aeneas Richardson, Director of Operations to develop sources of information to keep up-to-date with the latest guidance available on managing response to the pandemic and feed this into the risk assessment process	2 x 1	2	Add Sample Measure View Files View Links	Please select additional control measure or manual	1 x 1	1	
-	Information - Responsibilities Lack of up-to-date information regarding the Covid-19 virus	Staff Contractors Customer - Adult Customer - Child	Government (www.gov.uk) and NHS (www.nhs.uk) advice is regularly checked and followed by Aeneas Richardson, Director of Operations	2 x 1	2	Add Sample Measure View Files View Links	Please select additional control measure or manual	1 x 1	1	
-	<b>Category</b> Activities - General									
+	Activities - General Possible transmission of Covid-19 due to not following 2m social distancing guidelines Spread of virus due to	Staff Contractors Customer - Adult Customer - Child	Arrangements regarding re-opening are communicated to customers prior to opening so they know what activities are available and what to expect Communications regarding re-opening arrangements include the use of website, social media, email and text Customers displaying Covid-19 symptoms are asked to leave and advised to stay home As far as possible, activities are booked and paid for in advance either online or over the telephone Frontline Staff Pandemic Awareness Training / Covid-19 training is delivered prior to re-opening/re-engaging staff	3 x 1	3	Add Sample Measure View Files View Links	Please select additional control measure or manual	1 x 1	1	
-	<b>Category</b> Activities - Gym									
+	Gym			2 x 1	2		Please select additional control measure or manual	1 x 1	1	

Possible transmission of Covid-19 due to not following 2m social distancing guidelines  
Spread of virus due to

Staff

Customer - Adult

Customer - Child

Members and casual users book in advance (online or via telephone) to use the gym

Personal training is only carried out where a 2m distance can be observed between the PT and the customer

Inductions are only carried out where a 2m distance between the instructor and the customer(s) can be observed

Virtual inductions are carried out online

Sales tours are only conducted where a 2m distance can be observed or are conducted via a virtual platform

Prominent signage is displayed reminding of social distancing and sanitisation guidelines

Hand sanitiser stations are fitted at the entrance to the gym and throughout

Sanitiser and cloths/paper towelling or wipes are provided and prominent signage is displayed encouraging customers to wipe equipment before and after use

Staff check sanitiser levels regularly

Staff undertake cleaning of equipment throughout the day in accordance with an enhanced cleaning schedule

Deep cleaning takes place prior to opening

Depending on usage, sessions are staggered to allow cleaning to take place in between customer use

Where practical, a 'one-way' system is applied in the gym

Assessment rooms are closed to customers

Customers are not permitted in the gym office

Workout cards are not issued and members are encouraged to use an app to manage their workout

Water fountains are taken out of use

A perspex screen is fitted at reception and is cleaned regularly

Sanitiser Stations are position throughout gym floors

Personal towels not permitted

Doors to be opened between sessions to allow fresh air flow

Customer may purchase bottled water from reception

staff to wear face covering. Advisable and encouraged for members.

Add Sample Measure

[View Files](#)

[View Links](#)

-	Gym - Capacities Possible transmission of Covid-19 due to not following 2m social distancing guidelines	Staff Customer - Adult Customer - Child	Maximum capacity within the gym is reduced to 20	1 x 1	1	10 between both gyms - to be reviewed regularly View Files View Links	Please select additional control measure or manual	1 x 1	1
-	Gym - Capacities Possible transmission of Covid-19 due to not following 2m social distancing guidelines	Staff Customer - Adult Customer - Child	Customers encouraged to socially distance still and leave gaps between equipment.	1 x 1	1	2 metres View Files View Links	Please select additional control measure or manual	1 x 1	1
-	Gym - Capacities Possible transmission of Covid-19 due to not following 2m social distancing guidelines	Staff Customer - Adult Customer - Child	Customers encouraged to socially distance still and allow for 2metre gap.	1 x 1	1	1 person in each marked out area View Files View Links	Please select additional control measure or manual	1 x 1	1
-	Gym - Ventilation Spread of virus due to inadequate ventilation	Staff Customer - Adult Customer - Child	doors to be kept open where possible and weather permitting.	3 x 1	3	Add Sample Measure View Files View Links	Please select additional control measure or manual	1 x 1	1
-	<b>Category</b> Group Exercise Classes and Studios								
+	Group Exercise Classes and Possible transmission of Covid-19 due to not following 2m social distancing guidelines Spread of virus due to	Staff Customer - Adult Customer - Child		1 x 1	1	No classes initially to be reviewed when added to programme View Files View Links	Please select additional control measure or manual	1 x 1	1

Equipment subject to thorough examination
Members and casual users book classes (online or via telephone) in advance
Where no device is present and doors are kept open during the class, the instructor ensures they are closed following the activity
Instructor always maintains at least 2m distance from all class participants
Classes are scheduled to allow for cleaning and set up time in between
Where practical, floors are marked to designate where customers can exercise / where mats and spin bikes are to be positioned
All equipment used is put out by staff prior to the start of the class and put away only by staff at the end of the class
Equipment and mats are sanitised before and after use
Customers are permitted to bring their own mats
Prominent signage is displayed reminding of social distancing guidelines
Customers are encouraged not to bring belongings into the studio and to change and shower at home
Water fountains are taken out of use
Sanitiser is positioned adjacent to water dispensers
Hand sanitiser stations are fitted at the entrance to the studio
Staff check sanitiser levels regularly
Instructors guide participants into the studio (or area where classes are taking place) to ensure social distancing and allow participants to take their position
Where possible, sports halls and outdoor areas are utilised for classes to allow for increased social distancing and capacity
Instructors do not share head mics
Amp / music system is cleaned by the instructor after use using anti-bacterial wipes
Bottled water is available to purchase from Reception
Astro is used for some classes to allow for better air flow
Astro is open in advance and members can enter without queueing.

-	Studio Capacities Possible transmission of Covid-19 due to not following 2m social distancing guidelines	Staff Customer - Adult Customer - Child	Overall maximum capacity of group exercise classes is reduced to enable each participant to exercise in at least a 3m2 area.	1 x 1	1	No classes initially to be reviewed when added to programme <a href="#">View Files</a> <a href="#">View Links</a>	Please select additional control measure or manual	1 x 1	1
-	Studio Capacities Possible transmission of Covid-19 due to not following 2m social distancing guidelines	Staff Customer - Adult Customer - Child	Spin bikes / indoor cycles are positioned at least 2m apart	1 x 1	1	No classes initially to be reviewed when added to programme <a href="#">View Files</a> <a href="#">View Links</a>	Please select additional control measure or manual	1 x 1	1
-	Studio Ventilation Spread of virus due to inadequate ventilation	Staff Customer - Adult Customer - Child	Where possible, windows/doors are opened to provide fresh air (provided air handling is not compromised)	1 x 1	1	No classes initially to be reviewed when added to programme <a href="#">View Files</a> <a href="#">View Links</a>	Please select additional control measure or manual	1 x 1	1
-	Category		Sports Halls and Courts						
+	Sports Halls and Courts Possible transmission of Covid-19 due to not following 2m social distancing guidelines Spread of virus due to	Staff Customer - Adult Customer - Child		1 x 1	1	No Sports Hall provision available at this moment in time - to be reviewed when necessary <a href="#">View Files</a> <a href="#">View Links</a>	Please select additional control measure or manual	1 x 1	1

			<p>No sports activities take place in the sports hall other than for example, badminton, tennis, table tennis (2 players only for each sport unless in same household), cricket and short mat bowls</p> <p>No team/contact sports, such as football, netball or basketball take place</p> <p>Only non-contact martial arts take place</p> <p>Prominent signage is displayed reminding of social distancing guidelines</p> <p>Equipment and mats are set up by staff</p> <p>Equipment and mats are sanitised before and after use</p> <p>Staff wash their hands before and after handling equipment</p> <p>Hand sanitiser stations are fitted at the entrance to the sports hall</p> <p>Staff check sanitiser levels regularly</p> <p>Customers are encouraged not to bring belongings into the sports hall and to change and shower at home</p> <p>See section on gym and studios where sports halls are used for classes or where gym equipment has been moved into the sports hall</p>						
-	<p>Sports Halls &amp; Courts -</p> <p>Spread of virus due to inadequate ventilation</p>	<p>Staff</p> <p>Customer - Adult</p> <p>Customer - Child</p>	doors opened to allow air flow	1 x 1	1	<p>Add Sample Measure</p> <p>View Files</p> <p>View Links</p>	<p>Please select additional control measure or manual</p>	1 x 1	1
<p><b>- Category</b> Children's Activities</p>									
+	<p>Children's Activities</p> <p>Possible transmission of Covid-19 due to not following 2m social distancing guidelines</p> <p>Spread of virus due to</p>	<p>Staff</p> <p>Customer - Child</p>	<p>Separate risk assessments are undertaken where holiday activities go ahead, reflecting the activities planned</p>	1 x 1	1	<p>Add Sample Measure</p> <p>View Files</p> <p>View Links</p>	<p>Please select additional control measure or manual</p>	1 x 1	1
<p><b>- Category</b> Outdoor Pitches and Courts</p>									
+	<p>Outdoor Pitches and Courts</p>			1 x 1	1	<p>No pitch provision available at this moment in time - to be reviewed when necessary</p>	<p>Please select additional control measure or manual</p>	1 x 1	1

	Possible transmission of Covid-19 due to not following 2m social distancing guidelines Spread of virus due to	<input type="text" value="Staff"/> <input type="text" value="Customer - Adult"/> <input type="text" value="Customer - Child"/>	<input type="text" value="Courts and pitches are booked in advance"/> <input type="text" value="Hand sanitiser is available for use on entry to the courts"/> <input type="text" value="Prominent signage is displayed reminding of social distancing guidelines and hygiene"/> <input type="text" value="Any hire equipment is sanitised by staff between use and re-issue"/> <input type="text" value="Staff check sanitiser levels regularly and check they have not been vandalised over night"/> <input type="text" value="Court/pitch gate opening latches are cleaned regularly"/>		<input type="button" value="View Files"/> <input type="button" value="View Links"/>				
<b>- Category</b>		Outdoor Fitness							
<b>+</b>	Outdoor Fitness Possible transmission of Covid-19 due to not following 2m social distancing guidelines Spread of virus due to	<input type="text" value="Staff"/> <input type="text" value="Customer - Adult"/> <input type="text" value="Customer - Child"/>	<input type="text" value="Outdoor exercise classes are booked in advance"/> <input type="text" value="Participants are spaced out to ensure at least 2m distance between each participant and the instructor"/> <input type="text" value="The instructor promotes social distancing"/> <input type="text" value="Hand sanitiser is available"/>	1 x 1	1	<input type="text" value="To be confirmed at a later date when decided"/> <input type="button" value="View Files"/> <input type="button" value="View Links"/>	<input type="text" value="Please select additional control measure or manual"/>	1 x 1	1
<b>-</b>	Outdoor Fitness Capacity Possible transmission of Covid-19 due to not following 2m social distancing guidelines	<input type="text" value="Staff"/> <input type="text" value="Customer - Adult"/> <input type="text" value="Customer - Child"/>	<input type="text" value="Instructor led group exercise classes are in place allowing for 3m2 for each participant"/>	1 x 1	1	<input type="text" value="To be confirmed prior to offering such activity"/> <input type="button" value="View Files"/> <input type="button" value="View Links"/>	<input type="text" value="Please select additional control measure or manual"/>	1 x 1	1
<b>- Category</b>		Changing Rooms, Showers and Toilets							
<b>+</b>	Changing Rooms, Showers ar Possible transmission of Covid-19 due to not following 2m social distancing guidelines Spread of virus due to	<input type="text" value="Staff"/> <input type="text" value="Customer - Adult"/> <input type="text" value="Customer - Child"/>	<input type="text" value="Masks encouraged"/>	1 x 1	1	<input type="text" value="Add Sample Measure"/> <input type="button" value="View Files"/> <input type="button" value="View Links"/>	<input type="text" value="Please select additional control measure or manual"/>	1 x 1	1
<b>-</b>	Changing Room Capacity Possible transmission of Covid-19 due to not following 2m social distancing guidelines	<input type="text" value="Staff"/> <input type="text" value="Customer - Adult"/> <input type="text" value="Customer - Child"/>	<input type="text" value="changing rooms used with 2 people max"/>	1 x 1	1	<input type="text" value="Add Sample Measure"/> <input type="button" value="View Files"/> <input type="button" value="View Links"/>	<input type="text" value="Please select additional control measure or manual"/>	1 x 1	1



Toilets - Capacity ▼  
 Possible transmission of Covid-19 due to not following 2m social distancing guidelines

Staff  
Customer - Adult  
Customer - Child

The maximum number of users in toilets is 1 person

3 x 1 3

one per toilet area  
View Files  
View Links

Please select additional control measure or manual

1 x 1 1

Revision History			
Reviewed By	Name	Comment	Date
stationsportscentre@mvtlc.org	Paul Marper	Not complete	30-06-2020 13:36:07
stationsportscentre@mvtlc.org	Paul Marper	Not Complete	30-06-2020 13:52:20
stationsportscentre@mvtlc.org	Paul Marper	Not Complete	30-06-2020 13:59:36
stationsportscentre@mvtlc.org	Paul Marper	.	30-06-2020 14:27:05
stationsportscentre@mvtlc.org	Paul Marper	.	30-06-2020 14:46:28
stationsportscentre@mvtlc.org	Paul Marper	Complete	30-06-2020 17:01:36
stationsportscentre@mvtlc.org	Paul Marper	review draft	29-07-2021 15:40:07
stationsportscentre@mvtlc.org	Paul Marper	in progress	29-07-2021 17:05:12
stationsportscentre@mvtlc.org	Paul Marper	Review after 19th July restrictions eased	29-07-2021 18:06:01

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