

Skegness Fitness and Outdoor Pool Programme

31st August - 6th September

Please note our programmes will be reviewed daily. For an accurate and up to date timetable please see the online booking system.

All fitness sessions MUST be pre-booked online using our booking online system.

Please do not turn up without a pre-arranged booking.

Please don't forget if you are unable to attend a session please ensure you have cancelled via our booking online system.

	Monday 31st		Tuesday 1st		Wednesday 2nd		Thursday 3rd		Friday 4th		Saturday 5th		Sunday 6th		
	Pool	Gym	Pool	Gym	Pool	Gym	Pool	Gym	Pool	Gym	Pool	Gym	Pool	Gym	
6am															6am
7am															7am
8am															8am
9am															9am
10am															10am
11am															11am
12pm															12pm
1pm															1pm
2pm															2pm
3pm															3pm
4pm															4pm
5pm															5pm
6pm															6pm
7pm															7pm
8pm															8pm
9pm															9pm

Please note for General Swim sessions they are non-refundable and non-transferable.