

## FREE ONLINE TRAINING

For staff and volunteers working in the voluntary, community and social enterprise sector.

lincolnshirevolunteering.org.uk/online-training

60 courses to choose from, across a wide range of topics.



## Free online training topics

Following the continued success of the free online training programme launched in 2017, Volunteer Centres Lincolnshire continue to offer free *online* training courses in the following subject areas.

- Autism Awareness
- Basic Life Support (BLS)
- Bullying and Cyberbullying
- Care Act Care and Support Planning
- Child Sexual Exploitation Levels 1 and 2
- Common Assessment Framework (CAF or Early Help)
- Cultural Awareness in Safeguarding
- Customer Service
- Data Protection
- Dementia Awareness
- Domestic Abuse
- Eating Disorders
- Emotional Abuse
- Environmental Awareness
- Epilepsy Awareness
- Equality and Diversity
- Female Genital Mutilation
- Fire Safety Awareness
- First Aid
- Food Allergy Awareness
- Food Safety and Hygiene Essentials
- Food Safety and Hygiene Level 2
- GDPR Board Training
- GDPR Core Training (for Staff)
- Handling Violence and Aggression at Work
- Health and safety in the workplace
- Hidden Harm Parental Substance Misuse,
   Parental Mental III-Health and Domestic Abuse
- Information Governance
- Information Sharing and Consent

- Keeping Good Records
- Loneliness and Isolation
- Loss and Bereavement
- Managing Teams
- Mental Capacity Act 2005
- Mental Health, Dementia and Learning Disability
- Multi-Agency Working
- Neglect
- Online Safety for Parents and Carers
- Palliative Care and End of Life Care
- Parkinson's Disease Awareness
- People Skills
- Personal Safety Lone worker
- Physical Abuse
- Risk Assessment in the Workplace
- Safeguarding Adults (Levels 1 and 2)
- Safeguarding Awareness
- Safeguarding Children (Levels 1 and 2)
- Safeguarding Children with Disabilities
- Safer Recruitment
- Self-Harm
- Sexual Abuse and Recognising Grooming
- Stress in the Workplace
- Substance Misuse
- Suicide Awareness
- Unconcious Bias\*
- Understanding Behaviour of Children and Young People
- Work in a Person Centred Way
- Workplace Wellbeing
- Your Personal Development

These courses are offered free of charge to community and voluntary groups based in Lincolnshire. A maximum of 25 learners per organisation can register to use the system at any one time, and learners will be granted two months access to complete their training.

Learners can express an interest in these online courses and read the FAQs using the online form at <a href="https://lincolnshirevolunteering.org.uk/online-training">https://lincolnshirevolunteering.org.uk/online-training</a> or by email to <a href="mailto:admin@lincolnshirevolunteering.org.uk">admin@lincolnshirevolunteering.org.uk</a>



