

At the Beach

This poster is designed to help you enjoy swimming safely at the beach.

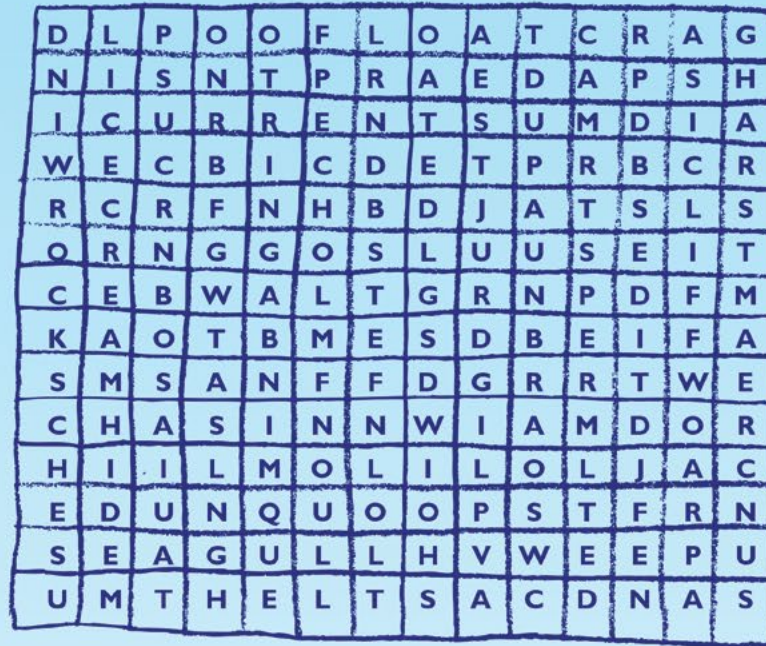
Beach Safety Advice:

- Only swim at lifeguarded beaches
- Read safety signs at the entrance to the beach
- Learn the meanings of the lifeguard flags
- Check if the tide is coming in or out and make sure you won't be cut off from the beach exit

Contact RLSS UK to find out how you can become a Rookie Lifeguard and learn lifesaving and self rescue skills.

01789 773994 or info@rlss.org.uk

Wordsearch



SAND CASTLE

ICE CREAM

CLIFF

FLAGS

FLOAT

SUN CREAM

ROCKS

BOATS

SPADE

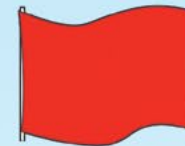
LIFEGUARDS

SEAGULL

WIND

Beach Flag game

Draw a line from the flags to their correct meaning.



No Swimming

Safe Area to Swim

Water Sports Only

Always check wind direction and when, pointed offshore, avoid using inflatables