

HORNCASTLE POOL & FITNESS SUITE

Make a Splash

Term Time Pool Programme

3rd June - 21st July 2019

Horncastle Pool & Fitness Suite

Coronation Walk, Horncastle, Lincolnshire LN9 6HP
01507 522489 | horncastlepool@mvtlc.org

Safe Swimming Policy

Will all swimming pool users please note and adhere to the following Safe Swimming Policy.

- The staff may, at their sole discretion, refuse admission if they believe that the safety of swimming pool users is compromised.
- Children may at times be asked to demonstrate their swimming competency.
- All non-swimming children should wear approved buoyancy aids and should remain within the designated non-swimmers area.
- All swimming pool users should listen to the advice of the lifeguards on duty.

Children under 8 years old:

- Children of this age must be supervised at all times in the pool water by a responsible adult (16 years +), at a ratio of one adult to two children (1:2).
- All children under 8 years old must be accompanied by an adult at all times within the complex.

Please note:

These programmes may change during school holidays. An additional programme will be available at this time.

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00
	06:30	07:30	08:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30	19:30	20:30	21:30	
Mon		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +		SCHOOL SWIMMING LESSONS	AQUACISE 14YRS + DEEP END SWIM	LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	GENERAL SWIMMING		WATERWISE SWIMMING LESSONS	ROOKIE LIFEGUARD	STAFF TRAINING GENERAL SWIMMING	OTTERS SWIMMING CLUB			
Tue		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	GENERAL SWIMMING	AQUAJOG	50YRS + SWIM	LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	SCHOOL SWIMMING LESSONS	STAFF TRAINING	MAINTENANCE	WATERWISE SWIMMING LESSONS	GENERAL SWIMMING	ONE TO ONE LESSONS	LANED FITNESS SWIM ADULTS ONLY SWIM 16YRS +		
Wed		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	GENERAL SWIMMING	DUCKINGS	ADULT LESSONS	AQUACISE 14YRS + DEEP END SWIM	LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	SCHOOL SWIMMING LESSONS	GENERAL SWIMMING	WATERWISE SWIMMING LESSONS	OTTERS SWIMMING CLUB	FAMILY FITNESS SWIM 10YRS +			
Thur		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +		SCHOOL SWIMMING LESSONS	50YRS + SWIM	LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	GENERAL SWIMMING		WATERWISE SWIMMING LESSONS	GENERAL SWIMMING	AQUA ZUMBA 14YRS + DEEP END SWIM	LANED FITNESS SWIM ADULTS ONLY SWIM 16YRS +			
Fri		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	SCHOOL SWIMMING LESSONS	GENERAL SWIMMING	AQUACISE 14YRS + DEEP END SWIM	LANE SWIMMING	GENERAL SWIMMING	SCHOOL SWIMMING LESSONS 1.30PM - 4PM		WATERWISE SWIMMING LESSONS 4PM - 7PM		LANED FITNESS SWIM ADULTS ONLY SWIM 16YRS +	GENERAL SWIMMING			
Sat		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	WATERWISE SWIMMING LESSONS		GENERAL SWIMMING	LANE SWIMMING	FAMILY FUN SPLASH	GENERAL SWIMMING		GENERAL SWIMMING	POOL AVAILABLE FOR HIRE	Party bookings are available from 15:00. On these occasions general swimming will not be delivered. We advise that you contact reception for information of what the session is going to be.				
Sun		LANE SWIMMING	ADULTS ONLY SWIM 16YRS +	OTTERS SWIMMING CLUB		GENERAL SWIMMING	LANE SWIMMING	FAMILY FUN SPLASH	GENERAL SWIMMING		GENERAL SWIMMING	POOL AVAILABLE FOR HIRE					

Information is correct at time of printing -02/2019.
The Facility Management Team reserves the right to alter sessions, times and charges.

www.magnavitae.org

MV HSP Pool Prog V46 0519