

# HORNCASTLE POOL & FITNESS SUITE

Make a Splash

Easter Half Term Holiday  
Monday 8th-Sunday 14th April

## Horncastle Pool & Fitness Suite

Coronation Walk, Horncastle, Lincolnshire LN9 6HP  
01507 522489 | horncastlepool@mvtc.org

### Safe Swimming Policy

Will all swimming pool users please note and adhere to the following Safe Swimming Policy.

- The staff may, at their sole discretion, refuse admission if they believe that the safety of swimming pool users is compromised.
- Children may at times be asked to demonstrate their swimming competency.
- All non-swimming children should wear approved buoyancy aids and should remain within the designated non-swimmers area.
- All swimming pool users should listen to the advice of the lifeguards on duty.

### Children under 8 years old:

- Children of this age must be supervised at all times in the pool water by a responsible adult (16 years +), at a ratio of one adult to two children (1:2).
- If one or more of the children holds the ASA Pool Swimming Standard Award, the maximum child supervision ratio can be increased to 1 responsible adult to three children under the age of eight years (1:3).
- All children under 8 years old must be accompanied by an adult at all times within the complex.

### Please note:

These programmes may change during school holidays. An additional programme will be available at this time.

|      | 06:00 | 07:00         | 08:00                    | 09:00                      | 10:00            | 11:00            | 12:00                    | 13:00             | 14:00                    | 15:00                        | 16:00                      | 17:00                      | 18:00            | 19:00              | 20:00                                       | 21:00                      | 22:00 |
|------|-------|---------------|--------------------------|----------------------------|------------------|------------------|--------------------------|-------------------|--------------------------|------------------------------|----------------------------|----------------------------|------------------|--------------------|---|----------------------------|-------|
| Mon  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | ONE TO ONE LESSONS         | GENERAL SWIMMING | AQUACISE 14YRS + | ADULTS ONLY SWIM 16YRS + |                   | GENERAL SWIMMING         |                              | WATERWISE SWIMMING LESSONS | ROOKIE LIFEGUARD           | STAFF TRAINING   |                    | LANE SWIMMING                               |                            |       |
| Tue  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | ONE TO ONE LESSONS         | GENERAL SWIMMING | AQUAJOC          | 50YRS + SWIM             | FAMILY FUN SPLASH | GENERAL SWIMMING         | STAFF TRAINING               | WATERWISE SWIMMING LESSONS | ONE TO ONE LESSONS         | GENERAL SWIMMING |                    | LANED FITNESS SWIM ADULTS ONLY SWIM 16YRS + |                            |       |
| Wed  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | 121 LESSONS                | GENERAL SWIMMING | DUCKLINGS        | ADULT LESSONS            | AQUACISE 14YRS +  | ADULTS ONLY SWIM 16YRS + | GENERAL SWIMMING             |                            | WATERWISE SWIMMING LESSONS |                  | GENERAL SWIMMING   |   | FAMILY FITNESS SWIM 10YRS+ |       |
| Thur |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | ONE TO ONE LESSONS         | GENERAL SWIMMING |                  | 50YRS + SWIM             | FAMILY FUN SPLASH | GENERAL SWIMMING         | GIANT INFLATABLE 7-15YRS 50M | WATERWISE SWIMMING LESSONS | ONE TO ONE LESSONS         | GENERAL SWIMMING | AQUA ZUMBA 14YRS + | LANED FITNESS SWIM ADULTS ONLY SWIM 16YRS + |                            |       |
| Fri  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | ONE TO ONE LESSONS         | GENERAL SWIMMING | AQUACISE 14YRS + | FAMILY FUN SPLASH        | GENERAL SWIMMING  | GENERAL SWIMMING         |                              | WATERWISE SWIMMING LESSONS |                            |                  | DEEP END SWIM      | LANED FITNESS SWIM ADULTS ONLY SWIM 16YRS + |                            |       |
| Sat  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | WATERWISE SWIMMING LESSONS |                  | GENERAL SWIMMING | LANE SWIMMING            | FAMILY FUN SPLASH |                          | GENERAL SWIMMING             |                            |                            |                  |                    |   |                            |       |
| Sun  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + |                            | GENERAL SWIMMING |                  | LANE SWIMMING            | FAMILY FUN SPLASH |                          | GENERAL SWIMMING             |                            |                            |                  |                    |   |                            |       |

Party bookings are available from 15:00. On these occasions general swimming will not be delivered. We advise that you contact reception for information of what the session is going to be.

Information is correct at time of printing - 02/2019.  
The Facility Management Team reserves the right to alter sessions, times and charges.

www.magnavitae.org

MV HSP Pool Prog V43 0219

# HORNCASTLE POOL & FITNESS SUITE

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Easter Half Term Holiday  
Monday 15th-Monday 22nd April

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|------|-------|---------------|--------------------------|----------------------------|--------------------|------------------|--------------------------|--------------------------|------------------|------------------------------|----------------------------|--------------------|------------------|--------------------|----------------------------|--------------------------|-------|
| Mon  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | GENERAL SWIMMING           | ONE TO ONE LESSONS | AQUACISE 14YRS + | ADULTS ONLY SWIM 16YRS + | GENERAL SWIMMING         | GENERAL SWIMMING | GENERAL SWIMMING             | WATERWISE SWIMMING LESSONS | ROOKIE LIFEGUARD   | STAFF TRAINING   | GENERAL SWIM       | LANE SWIMMING              |                          |       |
| Tue  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | GENERAL SWIMMING           | ONE TO ONE LESSONS | AQUAJOC          | 50YRS + SWIM             | FAMILY FUN SPLASH        | GENERAL SWIMMING | STAFF TRAINING               | WATERWISE SWIMMING LESSONS | ONE TO ONE LESSONS | GENERAL SWIMMING | LANE FITNESS SWIM  | ADULTS ONLY SWIM 16YRS +   |                          |       |
| Wed  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | GENERAL SWIMMING           | 121 LESSONS        | ADULT LESSONS    | AQUACISE 14YRS +         | ADULTS ONLY SWIM 16YRS + | GENERAL SWIMMING | GENERAL SWIMMING             | WATERWISE SWIMMING LESSONS | GENERAL SWIMMING   | GENERAL SWIMMING | GENERAL SWIMMING   | FAMILY FITNESS SWIM 10YRS+ |                          |       |
| Thur |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | GENERAL SWIMMING           | ONE TO ONE LESSONS | 50YRS + SWIM     | FAMILY FUN SPLASH        | GENERAL SWIMMING         | GENERAL SWIMMING | GIANT INFLATABLE 7-15YRS 50M | WATERWISE SWIMMING LESSONS | ONE TO ONE LESSONS | GENERAL SWIMMING | AQUA ZUMBA 14YRS + | LANE FITNESS SWIM          | ADULTS ONLY SWIM 16YRS + |       |
| Fri  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | GENERAL SWIMMING           | 121 LESSONS        | AQUACISE 14YRS + | FAMILY FUN SPLASH        | GENERAL SWIMMING         | GENERAL SWIMMING | GENERAL SWIMMING             | WATERWISE SWIMMING LESSONS | GENERAL SWIMMING   | GENERAL SWIMMING | GENERAL SWIMMING   | GENERAL SWIMMING           |                          |       |
| Sat  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | WATERWISE SWIMMING LESSONS | GENERAL SWIMMING   | GENERAL SWIMMING | GENERAL SWIMMING         | FAMILY FUN SPLASH        | GENERAL SWIMMING | GENERAL SWIMMING             | GENERAL SWIMMING           | GENERAL SWIMMING   | GENERAL SWIMMING | GENERAL SWIMMING   | GENERAL SWIMMING           |                          |       |
| Sun  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | GENERAL SWIMMING           | GENERAL SWIMMING   | GENERAL SWIMMING | GENERAL SWIMMING         | FAMILY FUN SPLASH        | GENERAL SWIMMING | GENERAL SWIMMING             | GENERAL SWIMMING           | GENERAL SWIMMING   | GENERAL SWIMMING | GENERAL SWIMMING   | GENERAL SWIMMING           |                          |       |
| Mon  |       | LANE SWIMMING | ADULTS ONLY SWIM 16YRS + | GENERAL SWIMMING           | GENERAL SWIMMING   | GENERAL SWIMMING | FAMILY FUN SPLASH        | GENERAL SWIMMING         | GENERAL SWIMMING | GENERAL SWIMMING             | WATERWISE SWIMMING LESSONS | ROOKIE LIFEGUARD   | GENERAL SWIMMING | GENERAL SWIMMING   | GENERAL SWIMMING           |                          |       |

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