

Main Pool Programme (8th-21st April and 27th-31st May 2019)

Holiday Timetable 2019






Don't forget we have some great activities running throughout the holidays. Ask at reception for details!

DISABILITY STEPS will be put in on request from 08:00 Monday to Friday and from 10:00 Saturday to Sunday. If you require the steps, please inform reception on your arrival. Steps are not available during lane swim sessions.

FOLLOW our Facebook page for information on Crash Courses and swimming lessons.

 Meridianleisurecentre

 Magna Vitae Qualifications

	06:00	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00	22:00			
	06:30	07:30	08:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30	19:30	20:30	21:30				
Mon		LANE SWIMMING		CRASH COURSE LESSONS	DUCK DUCKS	AQUACISE	LESSONS	LANE SWIMMING		INFLAT-ABLE	KIDS ACTIVITY		LESSONS			SWIMMING CLUB				
				GENERAL SWIMMING									LANE SWIMMING					LANE SWIM		
Tue	SWIMMING CLUB	LANE SWIMMING	CRASH COURSE LESSONS	LANE SWIMMING			DUCK DUCKS	50+ SWIM	HOLIDAY ACTIVITY CLUB	MV COURSE		LESSONS			SWIMMING CLUB					
	LANE SWIM						GENERAL SWIMMING									LANE SWIMMING				DISABILITY GROUPS
Wed	SWIMMING CLUB	LANE SWIMMING	CRASH COURSE LESSONS	DUCK DUCKS	TODDLER SHAKE-UP	DUCK DUCKS	DUCK DUCKS	LANE SWIMMING	HOLIDAY ACTIVITY CLUB	AQUACISE		LESSONS			AQUACISE	LOUTH TRIATH-LON CLUB	STAFF TRAINING			
				GENERAL SWIMMING									LANE SWIMMING		LESSONS			LANE SWIMMING		
Thur	SWIMMING CLUB	LANE SWIMMING	CRASH COURSE LESSONS	MV COURSE		DUCK DUCKS	50+ SWIM	HOLIDAY ACTIVITY CLUB	LANE SWIM		LESSONS			SWIMMING CLUB						
	LANE SWIM						GENERAL SWIMMING									LANE SWIMMING	ADULTS ONLY			
Fri	SWIMMING CLUB	LANE SWIMMING	CRASH COURSE LESSONS	DUCK DUCKS	MV COURSE		LANE SWIM	AQUACISE	INFLAT-ABLE	KIDS ACTIVITY		LESSONS		SWIMMING CLUB						
							GENERAL SWIMMING									LANE SWIMMING			LANE SWIM	
Sat		SWIMMING CLUB	LOUTH TRIATH-LON			LESSONS							MV COURSE							
				GENERAL SWIMMING									FAMILY FUN SESSION	GENERAL SWIMMING	LANE SWIMMING					
Sun		LOUTH TRIATH-LON				LESSONS					MV COURSE									
			GENERAL SWIMMING									LANE SWIMMING			SWIMMING CLUB					
				GENERAL SWIMMING									FAMILY FUN SESSION	GENERAL SWIMMING						

Please note: Family Fun is subject to change. This could be a chargeable activity or Float Session included in your admission.

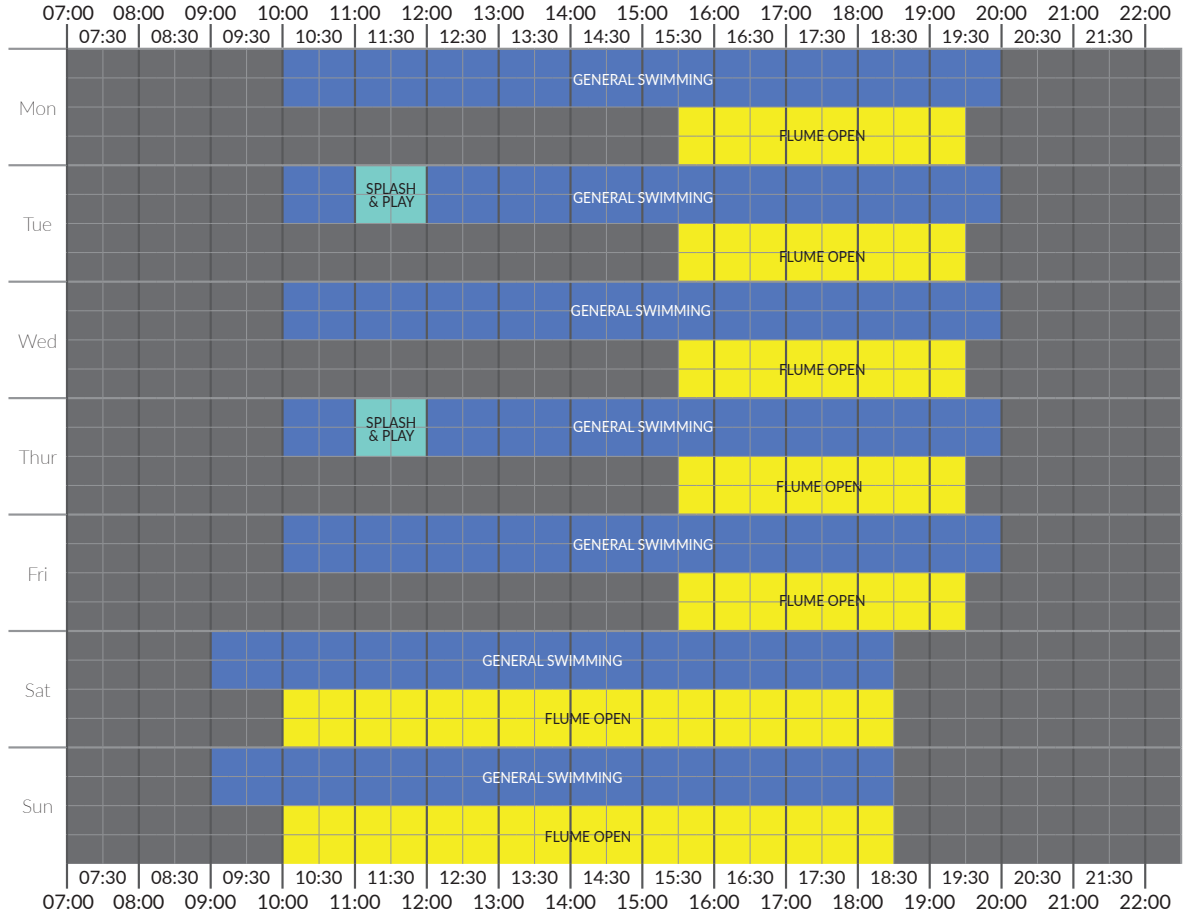
Leisure Pool Programme

Please note:

The FLUME opens daily Monday to Friday at 10am during the school holidays.

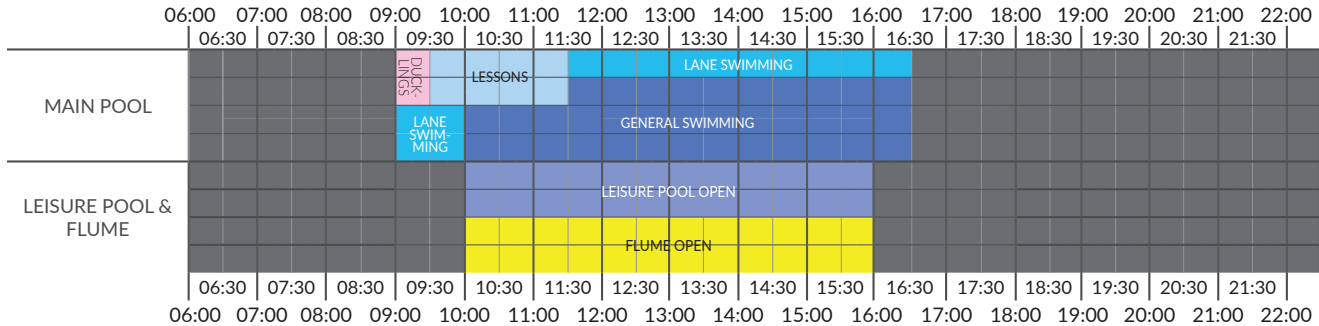
There is no Splash & Play during our holiday timetable.

Leisure Pool and Flume are open 10am-4pm on Bank Holidays (see next page).



Bank Holiday Programme

Friday 19th April, Monday 22nd April, Monday 6th and 27th May



During the Bank Holidays, our Waterwise swimming lesson times have changed.

For example, if your lesson is normally 4pm, it will move to 9.30am.

Normal Swimming Lesson Time	New time during Bank Holidays
4pm	9.30am
4.30pm	10am
5pm	10.30am
5.30pm	11am

The Fitness Suite will be open 8.30am-5pm

Group Exercise Classes will be limited during Bank Holidays