



**MAGNA
VITAE**

TRUST FOR
LEISURE & CULTURE

COME AND TRY
AN ARRAY OF
ACCESSIBLE
ACTIVITIES
INCLUDING

NEW AGE
KURLING, SEATED
EXERCISE,
PAINTING,
DANCING, ARTS &
CRAFTS, SINGING
& MORE

SOCIAL

Website -

www.magnavitae.org

Facebook -

@MagnaVitaeCommunity

Twitter -

@MagnaVitae

CONTACT

Tracey Wilkinson

T:01507 681816

Elizabeth Atkin:

E:elizabeth.atkin@mvtlc.org

Erica Bowering

E:erica.bowering@mvtlc.org

STILL ME 2020 SESSIONS

FUN ACTIVITIES FOR ANYONE
WITH A LIFE LIMITING CONDITION,
CARERS AND FAMILY ALWAYS
WELCOME

Monday

Dementia (relaxed) Swimming, Meridian, Louth

12 noon - 1pm

Every Monday

Tuesday

Meridian Leisure Centre, Louth

10am - 11:30am

2nd & 4th Tuesday of the month

Spilsby Methodist Church Meeting point

2pm - 3:30pm

1st & 3rd Tuesday of the month

Wednesday

Marisco Surgery Mablethorpe

10am - 11:30am

2nd & 4th Wednesday of the month

Alford, War Memorial Hall

10am - 12noon

1st & 3rd Wednesday of the month

Trinity Centre Louth

2pm - 4pm

Every Wednesday

Thursday

Skegness Barratt Court

10am - 11:30am

Every Thursday apart from 3rd Thursday of the month

Horncastle Sellwood Gardens

2pm - 4pm

Every 3rd Thursday of the month



**louth & district
hospice limited**
compassion in action