

# SKEGNESS POOL & FITNESS SUITE

Indoor Pool Programme  
Term Time



Home to Skegness Amateur Swimming Club

Make a  
Splash

## Skegness Pool & Fitness Suite

Grand Parade, Skegness, Lincolnshire PE25 2UG

01754 610675

skegnesspool@mvtlc.org

### Safe Swimming Policy

Will all swimming pool users please note and adhere to the following Safe Swimming Policy.

- The staff may, at their sole discretion, refuse admission if they believe that the safety of swimming pool users is compromised.
- Children may at times be asked to demonstrate their swimming competency.
- All non-swimming children should wear approved buoyancy aids and should remain within the designated non-swimmers area.
- All swimming pool users should listen to the advice of the lifeguards on duty.

### Children under 8 years old:

- Children of this age must be supervised at all times in the pool water by a responsible adult (16 yrs +), at a ratio of one adult to two children (1:2).
- If one or more of the children holds the ASA Pool Swimming Standard Award, the maximum child supervision ratio can be increased to 1 responsible adult to three children under the age of eight years (1:3).
- All children under 8 years old must be accompanied by an adult at all times within the complex.

**Please note:** These programmes may change during school holidays. An additional programme will be available at this time.

	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00	21:00
	07:30	08:30	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30	17:30	18:30	19:30	20:30	
Mon		ADULTS ONLY SWIM	BREAKFAST SWIM		GENERAL SWIMMING	LOW IMPACT AQUACISE	GENERAL SWIMMING	SCHOOL SWIMMING	GENERAL SWIMMING	SWIMMING LESSONS	SURVIVE & SAVE	SWIMMING CLUB		ADULT RECREATIONAL SWIM	
			LANE SWIMMING			WIDTHS SWIM		LANE SWIMMING		GENERAL SWIMMING	LANE SWIM				
										FLUME					
Tue		ADULTS ONLY SWIM	BREAKFAST SWIM		SCHOOL SWIMMING	LESSONS	GENERAL SWIMMING	SCHOOL SWIMMING	GENERAL SWIMMING	SWIMMING LESSONS	ROOKIE LIFEGUARD	GENERAL SWIMMING		DISABLED SWIM	
					LANE SWIMMING					GENERAL SWIMMING		LANE SWIMMING			
										FLUME		FLUME			
Wed		ADULTS ONLY SWIM	BREAKFAST SWIM		GENERAL SWIMMING	LOW IMPACT AQUACISE		GENERAL SWIMMING		SWIMMING LESSONS	ROOKIE LIFEGUARD	GENERAL SWIMMING		SUB AQUA CLUB	
					LANE SWIMMING	WIDTHS SWIM		LANE SWIMMING		GENERAL SWIMMING	LANE SWIM	AQUAJOG	LANE SWIM		
										FLUME		FLUME			
Thur		ADULTS ONLY SWIM	BREAKFAST SWIM		SCHOOL SWIMMING	SWIMMING LESSONS		GENERAL SWIMMING		SWIMMING LESSONS	ROOKIE LIFEGUARD	SWIMMING CLUB		STAFF TRAINING	
					LANE SWIM	GENERAL SWIM		LANE SWIMMING		GENERAL SWIMMING	LANE SWIM				
										FLUME					
Fri		ADULTS ONLY SWIM	BREAKFAST SWIM		SCHOOL SWIMMING	GENERAL SWIM	LOW IMPACT AQUACISE		GENERAL SWIMMING		LESSONS	FAMILY FUN SPLASH	SWIMMING CLUB		
					LANE SWIMMING	WIDTHS SWIM		LANE SWIMMING							
										FLUME					
Sat			ROOKIE LIFEGUARD	SWIMMING LESSONS	SURVIVE & SAVE			GENERAL SWIMMING	FAMILY FUN SPLASH			POOL AVAILABLE FOR PARTY HIRE			
				SWIMMING LESSON SWIM				LANE SWIMMING							
				LANE SWIMMING						FLUME					
Sun		ADULTS ONLY SWIM	BREAKFAST SWIM		SWIMMING CLUB	GENERAL SWIMMING		GENERAL SWIMMING	FAMILY FUN SPLASH			POOL AVAILABLE FOR PARTY HIRE			
					LANE SWIMMING			LANE SWIMMING							
										FLUME					

Information is correct at time of printing -05/2019.  
The Facility Management Team reserves the right to alter sessions, times and charges.

www.magnavitae.org

# SKEGNESS POOL & FITNESS SUITE

Outdoor Pool Programme



Home to Skegness Amateur Swimming Club

Term Time  
Weekends ONLY

Make a  
Splash

## Skegness Pool & Fitness Suite

Grand Parade, Skegness, Lincolnshire PE25 2UG

01754 610675

skegnesspool@mvtlc.org

### Safe Swimming Policy

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- Children may at times be asked to demonstrate their swimming competency.
- All non-swimming children should wear approved buoyancy aids and should remain within the designated non-swimmers area.
- All swimming pool users should listen to the advice of the lifeguards on duty.

#### Children under 8 years old:

- Children of this age must be supervised at all times in the pool water by a responsible adult (16 yrs +), at a ratio of one adult to two children (1:2).
- If one or more of the children holds the ASA Pool Swimming Standard Award, the maximum child supervision ratio can be increased to 1 responsible adult to three children under the age of eight years (1:3).
- All children under 8 years old must be accompanied by an adult at all times within the complex.

**Please note:** These programmes may change during school holidays. An additional programme will be available at this time.

	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00
	09:30	10:30	11:30	12:30	13:30	14:30	15:30	16:30	
	ADULTS ONLY	GENERAL SWIMMING					GENERAL SWIMMING		

### Prices

Adults & children (Ages 5+)	£6.25
Children Aged 3 & 4	£1.50
Children Aged 2 and under	FREE
Spectators	£2.80

\*Discounts will still be available to those with MV Cards.

**Pre-booking is not available during term time. However, should it be extremely busy, it may be introduced.**

**All tickets are non-refundable and non-transferable.**

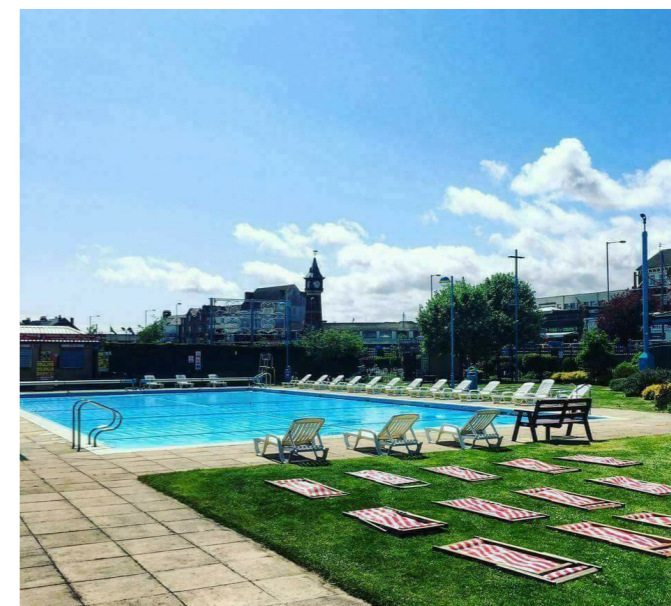
Should bookings be introduced, they can be made 1 day in advance, either by visiting the centre or over the telephone. Everyone will be issued with a wristband (swimmers and spectators) on arrival for your session, which must be worn at all times.

You are paying for the outdoor pool with your swim admission, however you may use the indoor pool if it is available. Please see the indoor pool programme for swimming times.

The pool will remain open if it rains.

The only time it will close is for Health & Safety reasons due to severe weather conditions, such as, torrential rain or thunder and lightning.

**\*There may be some weekends where the outdoor pool may not be open. These dates will be displayed at Reception and on our website.**



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