

Meridian Leisure Centre Virtual Programme

21st - 27th December

Please note our programmes will be reviewed daily.
For an accurate and up to date timetable please see
the online booking system.

All group exercise classes sessions MUST be pre-booked online using our booking online system. Please do not turn up without a pre-arranged booking.
Please don't forget if you are unable to attend a session please ensure you have cancelled via our booking online system.

BOOKABLE VIRTUAL SESSIONS

Where there are blue spaces these are a bookable virtual session. You can book these sessions using our online booking system and please add to the notes which virtual class you would like us to book. Please note this is for a single person or household, due to the current restrictions.

BOOKING A CLASS

You can book a class as normal online, there will only be one space available per class. If you are bringing your household with you please write this in the notes at the time of booking. Please bring proof of this when visiting.

	MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24	FRIDAY 25	SATURDAY 26	SUNDAY 27
6am							
7am							
8am	RPM	SPRINT	SPRINT	RPM			
9am							
10am	RPM			SPRINT			
11am	RPM	RPM	RPM		CLOSED	CLOSED	CLOSED
12pm		SPRINT	SPRINT				
1pm							
2pm							
3pm							
4pm							
5pm							
6pm	SPRINT						
7pm	RPM	RPM	RPM				
8pm	RPM	SPRINT					
9pm							

Please bring your own water bottle, as the water fountains and vending machines are not available.

No personal towels are allowed to be used.

Magna Vitae is a Registered Charity. Charity Number 1160156. A Partner to East Lindsey District Council.

Meridian Leisure Centre Virtual Programme

28th December - 3rd January 2021

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the online booking system.

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BOOKING A CLASS

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	MONDAY 28	TUESDAY 29	WEDNESDAY 30	THURSDAY 31	FRIDAY 1	SATURDAY 2	SUNDAY 3
6am							
7am							
8am			SPRINT				
9am		RPM		RPM		RPM	
10am				SPRINT		SPRINT	RPM
11am		RPM	RPM	RPM		RPM	RPM
12pm			SPRINT				SPRINT
1pm							
2pm							
3pm							
4pm							SPRINT
5pm		SPRINT					
6pm			SPRINT				
7pm		RPM	RPM				
8pm		SPRINT	SPRINT				
9pm							

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